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BoneHearing F2H


Bone Conduction
Sound Amplifier Headphones

User Manual

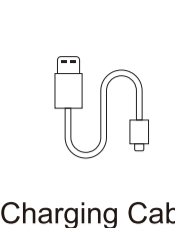
● **WHAT'S IN THE BOX**




BoneHearing F2H
X1




Manual
X1



Charging Cable
X1




Earplugs
X1



Silicone Strap
X1

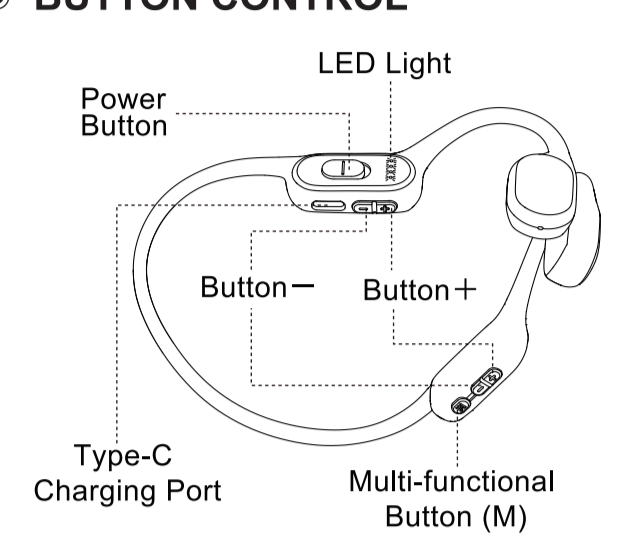
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● **HOW TO WEAR**



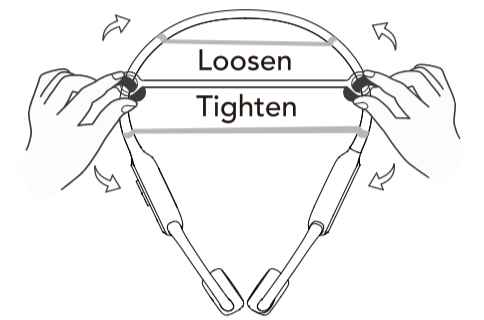
1. Place the headphones over your ears, ensuring the ear hooks fit snugly without blocking the ear canal.
2. Adjust the bone conduction units to rest on your cheekbones for optimal sound.

● **BUTTON CONTROL**



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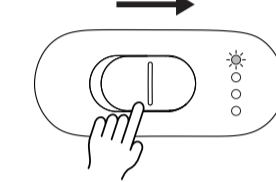
● **SILICONE STRAP USAGE**



For a smaller head circumference, use this silicone strap accessory to secure headphones better. Tie each end of the strap to the headphone band behind the ears.

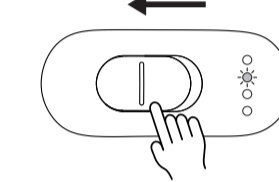
● **POWER ON/OFF**

POWER ON



- The 1st LED flashes in white for 3 times.
- Prompt: power on pairing.

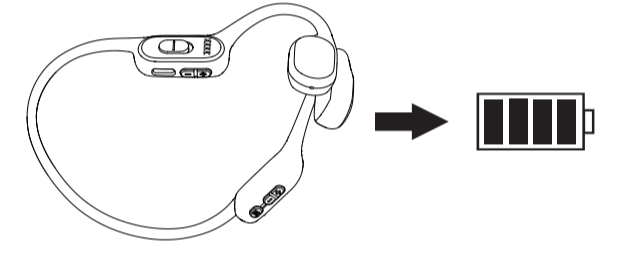
POWER OFF



- The 2nd LED flashes in white for 3 times.
- Prompt: Power off.

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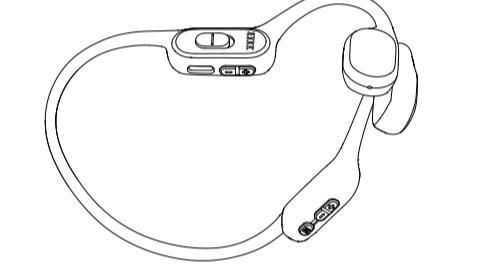
● **BATTERY LEVEL NOTIFICATION**



Automatically announce the real-time battery level of the headphones after power on.

- Battery 100%-70%: battery high.
- Battery 69%-40%: battery medium.
- Battery 39%-10%: battery low.

● **THREE AMPLIFIER MODES**

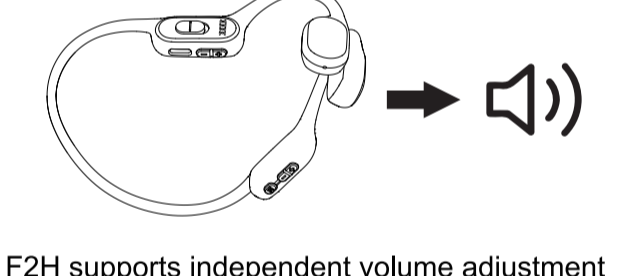


The headphones is built-in 3 different sound modes for amplifying.

Click button M to switch indoor mode /outdoor mode/ vocal mode.

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● **VOLUME CONTROL**



F2H supports independent volume adjustment for the left and right ears.

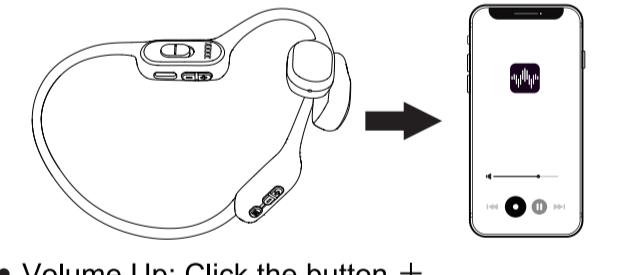
Click the +/- button on the left/right side to adjust the volume. When the maximum volume is reached, Prompt: Maximum volume.

● **WIRELESS MODE**

- **Switch Amplifier / BT Mode**
Press and hold the M key. Prompt: Pairing/Wireless mode/Amplifier mode.
- **BT Connection**
Select "BoneHearing F2H" in BT menu to connect. Prompt: connected.
- **BT & AMP. SIMULTANEOUS**
The headphones default to hearing aids mode when powered on. However, in Bluetooth mode, if the music is paused while listening, it will automatically switch back to hearing aids mode.

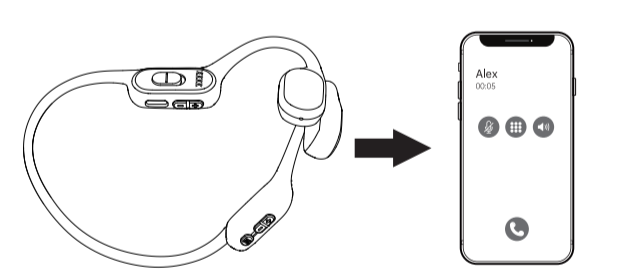
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● **MUSIC CONTROL**



- Volume Up: Click the button +.
- Volume Down: Click the button -.
- Previous Track: Long-press the "⏮" button on either side.
- Next Track: Long-press the "⏭" button on either side.
- Play/Pause Music: Click the button M once.

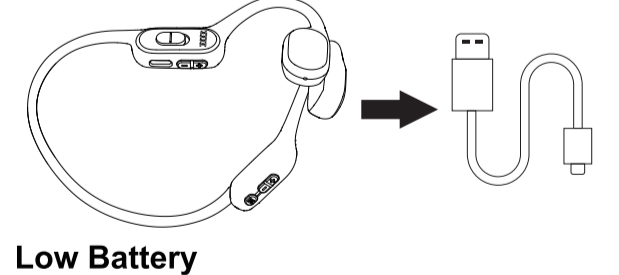
● **CALL CONTROL**



- Answer/Hang Up A Call: Click the button M once.
- Reject A Call: Double click the button M.
- Activate Voice Command: Quickly triple-click the button M.

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● **LOW BATTERY**



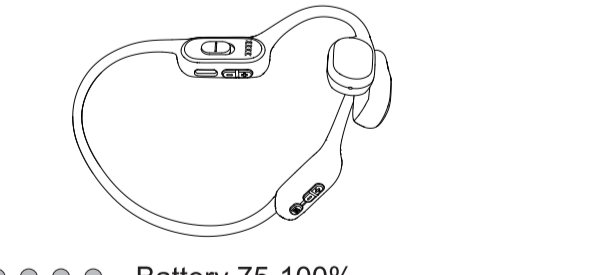
Low Battery

- When battery is lower than 20%, prompt: low battery.

Charging

- Please use DC 5V adapter for charging. Green LED is on charging. White LED is on after fully charged.

● **CHARGING LED INDICATORS**



- ● ● ● Battery 75-100%
- ● ● ○ Battery 50-75%
- ● ○ ○ Battery 25-50%
- ○ ○ ○ Battery 15-25%
- ⌘ ○ ○ ○ LED blinks, please charge.

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● **SPECIFICATIONS**

Model	BoneHearing F2H
Type	Bone conduction sound amplifier headphones
BT Version	V5.3
Connection	≈15m
Continuous amplifying usage time	≈8h(80%volume)
Continuous wireless usage time	≈7.5h(80%volume)
Charging Time	50min
Charging Voltage	DC 5V
Waterproof Rating	IPX5
Avg Gain@Vocal Mode	27±3dB

● **ATTENTIONS**

1. High-volume use can damage your hearing. Follow safe volume and time limits and get regular hearing check-ups.
2. Headphones affect your awareness of surroundings, please use them with caution.
3. Do not disassemble or modify the headphones.
4. Avoid throwing, sitting on, or burning the headphones.
5. Keep headphones away from fire and high-voltage equipment.
6. Not for children under ten due to small parts.
7. Recycle headphones at an electronics facility, not as regular waste.
8. Consult a doctor if you have serious hearing issues before using bone conduction headphones.

Note: The company is not liable for damage resulting from non-compliance with these warnings.